## Double Stroke Rudiments 1 Primary Rolls



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R L

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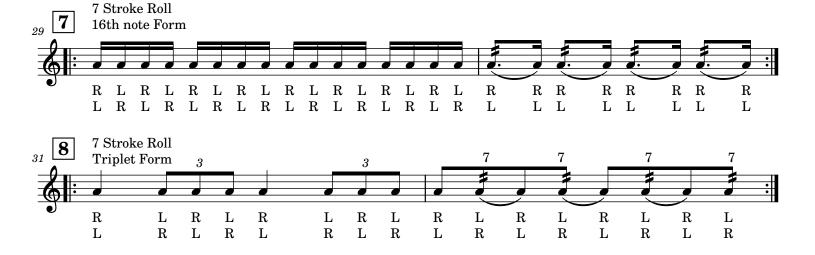
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In my decades of teaching students how to play percussion, these have been the top 8 rolls to learn. Once the principle of rolling in time is in place, the rest of the roll family becomes easier to learn and execute.

Buzz/Multiple stroke roll is the first to learn, learning to feel the stick at the back of the hand, learning to let go of your wrist to allow the stick to bounce on the drum, learning to feel and count the bounces at the back, learning the role of your back 3 fingers in applying pressure which will change the speed of the bounces, all of which lead into learning to control the stick for double strokes.

May intentional, precise practice bring you progress, and may drumming bring you joy!

-Celene Yohemas, 2022

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